

## **Allyson Tomchin, LCSW Owner and Founder of Therapyhead**

Allyson Tomchin is a Licensed Clinical Social Worker. Allyson graduated with her Bachelor's in Social Work from The University of South Florida in 1992 and received her Master's in Social Work from Barry University in 1993. Allyson worked in Social Services in Substance Abuse, Gang Prevention and provided services to people in need for 10 years. She has been in private practice as a Licensed Psychotherapist working with adolescents and up for 20 years and during those 20 years, she has for worked 16 years in the field of High Conflict Divorce in Family Law.

Throughout her entire career she has been able to touch larger audiences through multiple speaking events, largely related to stress and anxiety in life and overcoming. She is a past Florida Supreme Court Certified Family Mediator. Allyson has done a lot in her career and has focused on one thing, her clients/participants. She has worked with clients ranging in age from 14 to 80. Allyson has been on the street, in the courtroom, in the classroom, at multiple events as a Public Speaker, a TEDx talk, started a Youtube Talk Show, contributed to South Florida Parenting Magazine, and was named 100 Outstanding Women of Broward County.

She has worked with thousands of people over her 30-year career in the private & public sector as a psychotherapist and presenter. She has trained Judges, Attorneys and Mental Health Professionals on Mediation and Co-Parenting. She sat on the board for National Association of Women Business Owners (NAWBO) and served on The Florida Bar Seventeenth Judicial Circuit Grievance Committee I. She is a trained Collaborative Law Neutral Facilitator and was a member of the Broward Matrimonial Lawyers Association.

She is currently speaking to groups of young adults in college and how to overcome anxiety. She is in private practice seeing therapy clients and Public Speaking. She is laser focused on you and your success. She is also a lot of fun. Her favorite thing to do is speak with large audiences to help them overcome whatever is roaring at them in life!

<https://therapyhead.org/>

<https://www.tiktok.com/@therapyheadfl>

<https://www.facebook.com/TherapyHeadFL>

<https://www.linkedin.com/company/therapyhead/>

<https://www.instagram.com/therapyheadfl/>

<https://www.youtube.com/@therapyheadfl>

**Photos to use for event materials:**



Interested in having Allyson speak at your event?

Email [allyson@therapyhead.org](mailto:allyson@therapyhead.org) or call 954-925-9071